

New Digital Titles September 2007

Financial fitness for young adults : Protecting your identity: identity theft

DV0245,DV Digital Video Disc
EPIGA 2005 FILMID
This program for young adults provides all the information necessary for protecting yourself from identity theft. The message includes a step by step explanation of the problem, the possible defenses, and important solutions for keeping your personal identity protected.

Financial fitness for young adults : Saving here saving now

DV0246,DV Digital Video Disc
EPIGA 2005 FILMID
For any wage earner, learning the basic pitfalls of money management is a formidable task. It takes a steady course well researched and well monitored. Finding one's personal way to financial security and independence is everyone's goal. This program shares some of the tactics successful people use for staying fit financially.

Financial fitness for young adults : Taking credit for your credit for young adults

DV0247,DV Digital Video Disc
EPIGA 2005 FILMID
Credit can be a double-edged sword. It offers us the ability to purchase things we might need and want without spending cash but then ties us to the debt that has been created. Understanding the importance of this trade-off is crucial for playing the credit game. A program designed to reach young earners well before serious credit problems can begin.

Financial fitness for young adults : Valuing your money for young adults

DV0248,DV Digital Video Disc
EPIGA 2005 FILMID
This program for young adults helps them to better understand what trade-offs they make for the money they earn. Programs on spending are countered by programs on saving. Also, money managers will provide very practical tips on how to save more of that hard earned money.

Guiding your overweight child : getting healthy together

DV0249,DV Digital Video Disc
EPIGA 2006 FILMID
This program is especially designed for children and young people who are already overweight. This positive video shows real, young people making their choice as health! It gives them the tools they need to make everyday lifestyle choices that will help them get to a healthy weight. The video emphasizes the importance of adding physical activity to the daily routine and introduces the "10,000 steps program."

Our Ohio: Exploring Our Heritage : Episode 108

DV0250,DV Digital Video Disc
2006 1080
Second Harvest Food Banks - In the land of plenty, do people really go hungry? Not if these farmers can help it. In this week's Lifestyles segment, Ohio farmers team with Second Harvest Food Bank to make the season brighter for the less fortunate. Read more about how farmers donate fresh produce to feed hungry Ohioans. The article also includes information should you want to make a financial contribution. Daughtery family What are you thankful for? From pioneer times, families in the heartland have reached out to others in need. In this week's Heritage segment we see that this legacy of caring endures. One farm family shares its stories of personal crises and finds that hope and redemption are as close as next door. There are many ways to volunteer during the holidays. This article gives some tips on how to get started. Quick meals from scratch. The amount of time we spend on meal preparation continues to shrink. Is the tradeoff in quality of food worth the time savings? Chef Pierre looks at food preparation, then and now. Try these easy recipes. Animal ID Chips - Whether it's a treasured family pet or valuable livestock nobody wants to lose one of his or her prized animals. In this week's Animals segment we look at the growing use of ID chips. .

Our Ohio: Exploring Our Heritage : Episode 118

DV0251,DV Digital Video Disc
2006 1080
The Ohio State Fair has been around since 1850. We talk with Fair Historian Lavon Shook and collector Steve Ide to discover how the fair has evolved into what it is today. This year's fair takes place Aug. 2 through 13 in Columbus. When at the fair, stop by the Nationwide Agriculture & Horticulture Building for the Land and Living: Agriculture : Your Link to Life! The values of 4-H have helped guide many children into adulthood. We travel to the Canfield Fair in northeast Ohio to see first hand how 4-H teaches responsibility and brings families and communities together. A.B. Graham from Springfield, Ohio founded what became known as 4-H in 1902. Landscape Planning Jeff Gage has put down his shovel and fired up his laptop. He's discovered computer software that lets you design your own landscape. Jeff shows us how this can help anyone plan a beautiful lawn and garden. The word is out our pets are getting too fat. What can we do to get them healthy? Doc Sanders tells us how we can have fun getting our pets back into shape. Here are some suggestions for getting your pet to be more active. .

Our Ohio: Exploring Our Heritage : Episode 121

DV0252,DV Digital Video Disc
2006 1080
Subscription Farming - Visit the Our Ohio Buying Local Directory to locate farm markets and subscription farms by county. Ohio's First Farmers - Here is some additional information about Native Americans' influence on agriculture. Coyotes are back in the news. They are thriving under our noses. Link to some additional articles on preventing and controlling coyote problems below.

Our Ohio: Exploring Our Heritage : Episode 122

DV0253,DV Digital Video Disc
2006 1080
Our Ohio takes viewers to Ohio's Salad Bowl, were the rich muck soil in Huron County is ideal for producing vegetables. Adena Viewers also travel to Thomas Worthington's home, Adena, to see the mansion and heritage gardens. Our Ohio magazine featured a story about Adena. Our Health looks the health benefits of berries and visits Jungle Jim's, an international market grocery store. Chef Pierre shares his berry recipe.

Our Ohio: Exploring Our Heritage : Episode 126

DV0254,DV Digital Video Disc
2006 1080
Growing Hay for Zoos - Our Ohio magazine first wrote about this topic in its May/June 2003 issue. The Association of Zoos and Aquariums (AZA) was founded in 1924 and has more than 200 accredited zoos and aquariums in the United States, Canada, Mexico, Bermuda and Hong Kong. The group's accredited members are zoos and aquariums that have met AZA's high standards for veterinary care, exhibits, physical facilities, operations, safety, security, finances, staffing, education, conservation and research. Turf Grass - Here is an article about the Motz family that appeared in Buckeye Farm News magazine.

Our Ohio: Exploring Our Heritage : Episode 201

DV0255,DV Digital Video Disc
2006 1080
Ohio Riverboats - We're rolling' on the river as we take a cruise up the Ohio River on the Belle of Cincinnati. Plenty of riverboat history, colorful stories and some good old banjo music make this a leisurely trip into Ohio's past. Avian Influenza - Bird flu has people worried. What are the facts? Doc Sanders introduces us to an expert who explores the risks and tells us what precautions Ohio poultry producers are taking. Hometown Ohio - Martin's Ferry is the oldest settlement in Ohio and the largest city in Belmont County. Chef Pierre: Tips for Pastries - When people bake pastries, the last ingredient they think

of using is baked beans. Chef Pierre shows us how the two go hand in hand in making delicate pastry crusts. Corn-based Plastics - Corn is showing up in places you would have never expected. A company in Columbus is making plastic film from corn. We visit Plastic Suppliers to learn more about this new technology. Corn also is used to make ethanol, a clean-burning fuel additive.

Our Ohio: Exploring Our Heritage : Episode 202
DV0256,DV Digital Video Disc 2006 1080

The Wilds - In a scene straight out of Africa, giraffe, rhinos and antelope graze on vast grasslands. But it's not the Serengeti - it's Muskingum County. Just 20 miles southeast of Zanesville, The Wilds is home to some of the most important wildlife conservation work in the United States. Velvet Ice Cream - What started in the basement of a small town restaurant is now one of the most successful regional brands in America. We visit Ye Olde Mill to see how Velvet Ice Cream is made. Then we experience a slice (or should we say a scoop) of Americana at the Utica Ice Cream Festival. The American Dairy Association/Dairy Council Mid East has consumer information about dairy products. Hometown Ohio - Clyde is profiled. Doc Sanders: Animal Super Senses - Horses have an incredible 350-degree field of vision. Cows can recognize smells over a mile away. Doc Sanders provides a glimpse into the world of Animal Super Senses. Chef Pierre shares his Pumpkin Soup recipe.

Our Ohio: Exploring Our Heritage : Episode 203
DV0257,DV Digital Video Disc 2006 1080

Football on the farm - Jacob Richardson lives on a Butler County farm with his parents and his eight brothers and sisters. But on autumn Saturdays, he's key player for the Miami University Red Hawks. We talk with Jacob and find out how the values of farm life carry over to the football field and the classroom. Here is another story about how football and farming go hand-in-hand for another Ohio family. Columbus Washboard Company - The washboard is a fading memory of a bygone age. But in Logan, Ohio, the washboard is still living large - at least for one weekend out of the year. At the Logan Washboard Festival we learn how bluegrass bands turn the washboard into a unique musical instrument. We also visit the Columbus Washboard Company -the last U.S. manufacturer of washboards. Hometown Ohio segment features Ripley. Jeff Gage Discovers Ohio. Jeff discovers the remains of the Peters Cartridge Company a huge, crumbling building on the banks of the Little Miami River in Kings Mill. Built in 1887,

New Digital Titles September 2007

the Peters Cartridge Company produced armaments for Allied forces in both World Wars I and II. In the 1950s it was briefly used by Columbia Records to press and store vinyl discs. A ghost of its former self, Peters Cartridge Company is a forgotten piece of Ohio's heritage. Chef Pierre: Apple Harvest - Ohio is a major apple producing state. Using apples fresh from harvest, Chef Pierre shows us a new twist on apple desserts by making caramel apple pie on a stick.

Our Ohio: Exploring Our Heritage : Episode 204
DV0258,DV Digital Video Disc 2006 1080

Zanesville Pottery - At one time, the Zanesville area was the pottery capital of the world. But for over a half century, the industry here has been in a major decline. We visit Hartstone Pottery and learn about a company that's committed to preserving and re-energizing the tradition of fine pottery making in Zanesville. We also visit the Ohio Ceramic Center in Crooksville. The Darke County Fair in Greenville has a reputation as being one of the finest county fairs in America. We visit the fair on its 150th anniversary to see what makes it such a special experience. Darke County is Ohio's largest agricultural producing county, according to 2002 statistics from the U.S. Department of Agriculture. Darke County farmers produced \$304.2 million in agricultural goods. Darke County is the No. 1 producer of corn and soybeans in the state and ranks second in hog production. Hometown Ohio features Bangs. Jeff Gage Discovers Ohio - Gage travels to Belmont County where he discovers one of the last remaining old growth forests in Ohio. Dysart Woods, with its 400-year-old trees has been named a Natural National Landmark by the U.S. Department of the Interior.

Our Ohio: Exploring Our Heritage : Episode 205
DV0259,DV Digital Video Disc 2006 1080

Bear's Mill Built in 1849, Bear's Mill ground flour and cornmeal for the Union Army during the Civil War. Today it's one of the last water powered mills still operating in Ohio. We travel to Greenville to talk with the people dedicated to keeping this historical gem a vibrant piece of living history. While the city sleeps, the Columbus Produce Terminal springs to life. At 1 A.M... the first trucks, full of fresh produce, arrive, and we're there to show how it makes its way from the farmer's field to your dinner table. To learn more about Ohio's fresh produce, the people who grow it, and local farm markets, check out the Buying Local section of the Our Ohio Web site. Hometown Ohio, A 60-second profile of Gallipolis. Jeff Gage visits Cincinnati and the Cincinnati Fire Museum. He learns that the Queen City had the

first professional, paid fire department in the United States. The department started in 1847. What's changed since then?

Our Ohio: Exploring Our Heritage : Episode 206
DV0260,DV Digital Video Disc 2006 1080

Vet Students Meet the Real World - Ohio State University graduates make up more than 75 percent of all veterinarians practicing in Ohio. Every one of them has to spend at least two weeks at the OSU Veterinary facility in Marysville. We live with the students as they learn what life is like in the real world of large animal veterinary medicine. Carrots and Campbell's - Northwest Ohio is carrot country. We visit a farm in Henry County to experience the carrot harvest. Then we follow the carrots to the Campbell Soup Supply Company in nearby Napoleon. The Buckeye State is known for being a leader in carrot production and many other crops. Ohio is No. 2 in the country for Swiss cheese production, sixth in soybean production, seventh in corn production for grain and ninth in hog production. The National Agricultural Statistics Service offers a county by county breakdown of Ohio's top crops. Hometown Ohio features Wapakoneta. Chef Pierre gets inspired to make a roasted carrot and feta salad. But before he starts cooking, he explores some of the important health benefits to this nutritious vegetable.

Our Ohio: Exploring Our Heritage : Episode 207
DV0261,DV Digital Video Disc 2006 1080

Honor Flight - More than 1,000 World War II veterans are dying each day. Many, especially those with little means, will ever get the chance to visit the new World War II Memorial in Washington, D.C. That was not acceptable to Springfield resident and retired Air Force Captain Earl Morse. He started Honor Flight—an air force of volunteer pilots to fly these Ohio veterans to Washington. We travel to Washington with a group of Ohio WW II veterans as they finally experience the monument built for them. Jeff Gage Discovers Ohio. We see them all over the Ohio countryside. Silos are a farm icon. What are they really for? Gage learns about silos, then he spends the night in one. But it's more comfortable than you might think. The Akron Crowne Plaza Hotel was built from silos used by the Quaker Oats Company. There are still silos on many Ohio farms. You might see some at a several farms to visit. Christmas Trees - Visit Whitehouse Tree Farm in Lucas County to cut your own Christmas tree.

New Digital Titles September 2007

Our Ohio: Exploring Our Heritage : Episode 208

DV0262,DV Digital Video Disc
2006 1080

Farms in the Cuyahoga Valley National Park - The Cuyahoga Valley National Park is working to preserve the rural landscape of the Cuyahoga Valley. It's an innovative program where people are invited to live and farm in the park, using sustainable methods. Some of these farms are operated by people new to farming. Join us as we visit some of these new pioneers. Dan and Michelle Greenfield are another couple taking on the adventure of farming in a national park. Our Ohio magazine featured them in the January/February issue. Ohio Challenge: Hot Air Balloons What happens when 30 hot air balloons take to the skies? We visit the Ohio Challenge in Middletown to see the Ohio landscape from a whole new perspective. Doc Sanders: Pigs on Parade - If you think pigs occupy the bottom rung of the barnyard gang, Doc Sanders is here to set you straight. Pigs are great swimmers, have an acute sense of smell and they are very intelligent animals. Chef Pierre: Pumpkin Soup is prepared on the show.

Tsunamis

DV0263,DV Digital Video Disc
EPIGA 2006 FILMID

Explains the what, how, when, where and why of tsunamis.

The working world for young adults. : Customer service: an attitude not an occupation / . pt. 2

DV0265,DV Digital Video Disc
EPJGA 2006 FILMID

The bottom line for any position is keeping the client happy. In this age appropriate program young earners see first hand what makes for good customer service and bad customer service. Once they are on the job they learn the importance of putting the golden rule for customer service into action. Customer service: making sense of the working world.

The working world for young adults. : The global marketplace: how will you compete / . pt. 4

DV0267,DV Digital Video Disc
EPJGA 2006 FILMID

In this well aimed program for young adults, beginning wage earners learn the importance of a strong work ethic and how it relates to their success as they embark on their working careers. Real world location settings that highlight active young workers supported with expert commentaries help reinforce the concepts.

The working world for young adults. : Why work? / . pt. 3

DV0266,DV Digital Video Disc
EPJGA 2006 FILMID

Work is a life long journey and many experts suggest that the sooner you begin the better. Unless you are independently wealthy or lucky at Lotto, you are going to be working for most of your adult life. In this program viewers learn that when you commit to your job, career advancement, job satisfaction and a sense of fulfillment will follow.

The working world for young adults. : Work ethic : a commitment to work / . pt. 1

DV0264,DV Digital Video Disc
EPJGA 2006 FILMID

In this program for young adults, beginning wage earners learn the importance of a strong work ethic and how it relates to their success as they embark on their working careers. Real world location settings that highlight active young workers supported with expert commentaries help reinforce the concepts.

Young and overweight : helping yourself change

DV0268,DV Digital Video Disc
EPIGA 2006 FILMID

This program is especially designed for children and young people who are already overweight. This positive video shows real, young people making their choice as health! It gives them the tools they need to make everyday lifestyle choices that will help them get to a healthy weight. The video emphasizes the importance of adding physical activity to the daily routine and introduces the "10,000 steps program."